

FREE PROFESSIONAL DEVELOPMENT OPPORTUNITY

Join us for a free, all-day Conscious Discipline workshop on

February 23rd, 9am - 4:30pm
Smullin Health Education Center

The Southern Oregon Early Learning Hub is providing this opportunity to early childhood workers, valued at over \$500, for free! This training is open to any early childhood workforce members in Jackson and Josephine Counties.

WHY CONSCIOUS DISCIPLINE?

- **INCREASE EMOTIONAL INTELLIGENCE BY INCREASING SELF REGULATION SKILLS AND EMOTIONAL VOCABULARIES**
- **DECREASE CHALLENGING BEHAVIORS THROUGH RELATIONSHIP BUILDING AND STRENGTHENING SOCIAL-EMOTIONAL SKILLS**
- **INCREASE WILLINGNESS TO LEARN AND PARTICIPATE IN A CLASSROOM OR PLAYGROUP SETTING**
- **LEARN ABOUT BRAIN DEVELOPMENT AND MEETING CHILDREN WHERE THEY ARE AT DEVELOPMENTALLY**

[Register Here](#)

Space is Limited, Preregistration is Required